



LAL BAHADUR SHASTRI GOVERNMENT COLLEGE

Saraswati Nagar, Teh. Jubbal, Distt. Shimla, HP-171206

Email: gcsnagar25@rediffmail.com

Ph. No. 01781-238149

NAAC ACCREDITED 'B' INSTITUTION

ANNUAL REPORT OF MENTOR-MENTEE GROUP (2025-26)

MENTOR: DR PUNAM CHAUHAN

MENTEE: B.VOC IIIrd SEM (RETAIL MANAGEMENT) STUDENTS

NOTICE



LBS Govt. Degree College Saraswati Nagar, Shimla 171206



It is hereby informed to all faculty members that the Mentor-Mentee programme for the academic session 2025-26 has been initiated to strengthen academic and personal guidance for students. The following faculty members have been assigned as Mentors:

Sr. No.	Name of Mentor	Roll Nos.	No. of Mentees	Room No.
1.	Dr. Sumitra Chauhan	2501001 to 2501026 (BA 1 st)	26	RN-4
2.	Dr. Monika Raina	2501027 to 2501052 (BA 1 st)	26	LT-1
3.	AP Goverdhan Kumar Chauhan	2501053 to 2501079 (BA 1 st)	27	RN-1
4.	Dr. Lok Raj Sharma	2503001 to 2503027 (B.Com 1 st)	27	Dept. of Commerce
5.	Dr. Yogita Bandhta	2501080 to 2501106 (BA 1 st)	27	Hindi Dept
6.	AP Pawan Kumar	2510001 to 2510034 (B.Voc 1 st)	34	LT-3
7.	AP Preeti Panta	2401096 to 2401133 (BA 2nd)	21	RN-3
8.	AP Kailash Chauhan	2301025, 77, 129, 149, 2401001 to 2401027 (BA 2nd)	26	Geo Dept.
9.	Dr. Rohit Kumar	2401029 to 2401058 (BA 2nd)	26	Language Lab
10.	AP Vijay Luxmi	2401060 to 2401094 (BA 2nd)	26	LT-II
11.	Dr. Sandeep Kumar	2509001 to 2509014 (B.Voc 1 st) 2502001 to 2502011 (B.Sc 1 st)	25	B.Voc.
12.	Dr. Sanjeev Kumar	2403002 to 2403025 (B.com 2 nd) 2402001, 04, 06, 07, 12, 14 (BSc 2 nd)	30	Dept. of Commerce
13.	Dr. Punam Chauhan	2301151, 2409002 to 2409021, 2201088 (B.Voc 2 nd) 2404001 to 2404009 (BCA 2 nd)	25	Zoology Dept.
14.	AP Man Mohan	2410001 to 2410043 (B.Voc 2 nd)	29	B.Voc.
15.	Dr. Radha Raman Gautam	2411001, 2412001 to 2412013, 2406001 to 2406025 MA 2nd	27	Physics Lab
16.	Dr. Shallu	2407001 to 2407027, MA 2 nd 2413002 to 2413017 M.Com 2nd 2506001 to 2506006, 2507001, 02, 2511001, 2512001 MA 1 st	31	Chemistry Lab
17.	AP Diksha	2201105, 62, 79, 2301002 to 2301040 (BA 3 rd)	25	RN-5
18.	AP Priyanka	2301041 to 2301097 (BA 3 rd)	25	Room No-6
19.	AP Punit	2301098 to 2301180 (BA 3 rd)	24	MA Class Room (Above Library)
20.	AP Shefali Thanta	2304001 to 10, 2203020, 2303001 to 2303016 (BCA & B.com 3 rd)	25	Botany Lab
21.	AP Diksha	2302004 to 13, 2309001 to 2309013, 2310005 to 2310024 (B.Sc & B. Voc 3 rd)	28	BCA Lab
22.	Dr. Naresh Kumar	2504001 to 2504006 (BCA 1 st) 2401134 to 2401165 (BA 2nd)	21	MA Class Room (Above Library)

*Note: - All mentors are informed that classes for their respective mentees will begin from **2nd August, 2025**. You are requested to guide and inform your mentees in this regard. The timing for the Mentor-Mentee Interactive session will be **12:15 PM**.

Menta
Principal
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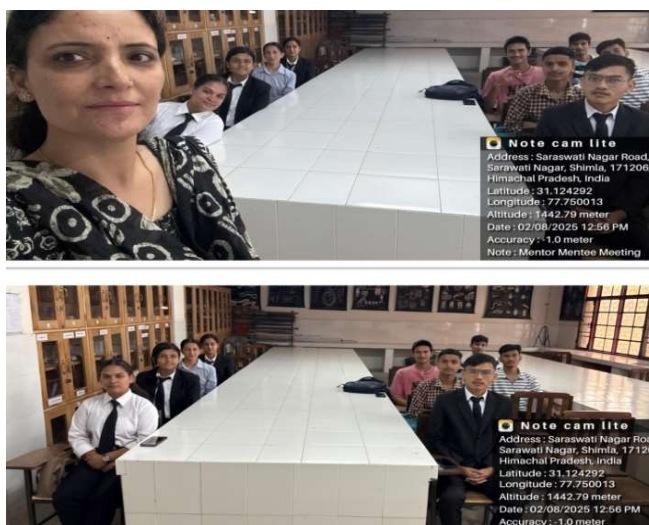
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1ST SESSION (2nd AUGUST 2025)

A Mentor-Mentee meeting was successfully conducted at Lal Bahadur Shastri Government Degree College, Saraswatanagar, Sawra on 2nd Aug, 2025. The meeting began with a welcome note by mentor, Dr Punam Chauhan, who emphasized the importance of mentorship in shaping the academic and professional journey of students. During this meeting, students introduced themselves to everyone and talked about their aims and hobbies. The session provided a platform for open and supportive communication between students and teachers. The meeting concluded with a commitment to regular monthly mentor-mentee interactions.



2nd SESSION (19th SEPTEMBER 2025)

The second session of the Mentor–Mentee Group was successfully conducted on 19th September 2025 with the participation of ten students from B.Voc. Retail Management. The session commenced with a general introduction, after which the Mentor addressed the issue of drug menace. The focus of the session was on drug abuse, highlighting its short-term as well as long-term consequences, including social, mental, and behavioral impacts on individuals. The discussion also emphasized the importance of awareness and preventive measures against substance abuse. Students actively participated in the session by asking relevant questions, which led to a fruitful and engaging interaction between the Mentor and the Mentees. The session concluded with reflections on the need for collective responsibility in combating this pressing social issue.

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3rd SESSION (31st OCTOBER 2025)

A Mentor–Mentee meeting was held with the B.Voc students to discuss their academic progress and address any concerns related to their studies and overall well-being. However, due to the ongoing examinations during this month, only a short interaction could take place. During the brief meeting, mentors checked on the student's preparation for exams and offered guidance and motivation to help them manage their time effectively. Students were also encouraged to approach their mentors for any academic or personal assistance whenever needed. Despite the limited duration, the meeting served as a meaningful platform to maintain mentor–mentee connection and ensure continued academic and emotional support for the students.





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FEDBACK BY MENTEES

Mentor Mentee Feedback (2025-26)							
Timestamp	Name	Class	Roll Number	Did you like the sessions taken by your Mentor?	Do you feel, such sessions should be conducted in future also?	Did you find it helpful for the Mentees? Give reason.	What improvements you look for in future regarding such sessions? Give suggestions.
3/14/2026 12:07:34	Saloni	B.voc 2year	2409004	Yes	Yes	Yes, it was helpful for the mentees because they learned new skills and understood the topic better. It also improved their confidence and knowledge.	In future, more practical examples and interaction should be included so that mentees can understand the topic more clearly.
3/14/2026 12:49:20	Sushmita	B voc 2 year	2409021	Yes	Yes	Yes	Along with studies, there should be other activities so that children remain active and their attention remains focused on studies. Along with studies, there should be sports and There should be other activities as well
3/14/2026 17:39:10	Arpit	2nd year	2409010	Yes	Yes	Here we can share our feelings thoughts ideas openly without any fear of teacher	I have personally improve my confidence by the session given by our teachers or college or government and I have also improve my questioning and answering skills
3/14/2026 18:17:04	Mehak	BVoc III sem RM	2409006	Yes	Yes	Yes	No
3/15/2026 15:46:49	Krishti	B.voc retail managemen t 2nd year	2409002	Yes	Yes	Yes it was very helpful for a manteees because they got useful guidance.	In future mora interactive session should be conducted
3/15/2026 15:48:00	Muskan	4th semester 2nd year B.voc (retail	2409011	Yes	Yes	Yes, it was helpful for the mentees.It helped the mentees gain new knowledge and improve their skills	Future sessions should include more activities and discussions to keep mentees engaged
3/15/2026 16:02:18	Lucky	Bvoc 2 year	2409017	Yes	Yes	Yes it helpful for us.	I think the session is good mam teach us very well in this session I gain much knowledge thnku.
3/15/2026 16:26:48	Mehak	BVoc III sem RM	2409006	Yes	Yes	Yes	No
3/15/2026 17:20:26	Sijal Rongta	B. Voc 2nd year	2409009	Yes	Yes	Yes	Future sessions should include activities like educational trips, practical experiences.
3/16/2026 6:37:14	Karan	B.voc retail managemen	2409007	Yes	Yes	No reason	No suggestion
3/17/2026 11:44:29	Kartik Sharma	2nd year	2409005	Yes	Yes	Yes	It improve my confidence
3/17/2026 11:45:22	sudhan	B.voc	2409020	Yes	Yes	Yes	Yess
3/17/2026 11:45:33	Akshit Birta	2nd year	2409018	Yes	Yes	I felt it helpful for may future	Nothing

Pooja Chandra

Punam Chauhan

Punam

DR PUNAM CHAUHAN
MENTOR

Krishti

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